

Andrew S. Dudley, APRN  
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Curriculum Vitae

- Education**      **Vanderbilt University School of Nursing**, Nashville, TN  
Master of Science in Nursing, Psychiatric Mental Health, August 2020  
**Belmont University**, Nashville, TN  
Bachelor of Science in Psychology, 2018  
**Nashville State Community College**, Nashville, TN  
2014-2016
- Licenses**      Advanced Practice Registered Nurse, Tennessee Board of Nursing #28130  
Registered Nurse, Tennessee Board of Nursing #240649
- Board  
Certifications**      PMHNP- BC; American Nurses Credentialing Center (ANCC) #2020045568  
CARN-AP; Addictions Nursing Certification Board (ANCB) #6535
- Other  
Certifications**      DEA through 06/2026  
BLS (via AHA) through 06/2025  
Medication Assisted Treatment (MAT waiver) 8 & 16-hour trainings  
Trauma Informed CBT – (TF-CBT)  
Columbia Suicide Severity Rating Scale Training  
Introduction to Arise Intervention with Judith Landeau  
Handle With Care™ Physical/Verbal
- Employment**      **Outpatient private practice**, Nashville, TN  
Dec. 2022 – Current
- Low-volume, out-of-network service offering integrative, collaborative care with evidence based or informed treatment options including psychotherapy, pharmacotherapy and complementary/alternative medicine strategies
  - Ketamine treatment, utilizing a structured and robust psychotherapy integration model and through community partnerships.
- Vanderbilt Psychiatric Hospital**, Addiction Psychiatry Division Nashville, TN  
*Part-time Professional Staff with privileges*, Dec. 2022 – June 9<sup>th</sup> 2023  
*Full-time Professional Staff with privileges*, Sept. 2020 – Dec. 2022
- Assess, diagnose, and implement pharmacologic + psychosocial treatment plans for substance use disorders and co-occurring psychiatric disorders, often severe and persistent mental illness
  - Extensive counseling on harm reduction, disease models of addiction, relapse prevention, recovery lifestyle, use of brief psychotherapeutics (MI, CBT, GPM)
  - Frequent treatment of people who are experiencing homelessness and high utilization of emergency services
  - In collaboration with MDs, managed suboxone treatment initiation, monitoring and prescribing.
  - Addiction Consult Service (Inpatient, medical hospital)
    - Provide consultation services to Vanderbilt University Adult Hospital for treatment of people with substance use disorders and co-occurring psychiatric illness
      - Comprehensive safety assessment
      - Medically managed withdrawal + recommendations for maintenance/continued care

- Leads interdisciplinary team in organizing care for patients often with complex psychiatric and medical illness
- Vanderbilt Bridge Clinic (Outpatient)
  - Complete comprehensive psychiatric evaluation, diagnose and treat in a high-acuity, low-barrier (no cost for service) clinic serving patients with substance use disorders and often severe and persistent mental illness
  - Proficient with MAT offerings, implementation/initiation, monitoring and treatment plan adjustment
  - Works with interdisciplinary care team including physicians, social workers, recovery coaches, nurses and administrative staff
- Vanderbilt Recovery Clinics (Outpatient)
  - Complete comprehensive psychiatric evaluation, diagnoses, and treatment of substance use disorders + co-occurring psychiatric illness, in a team-based clinic comprised of physicians, nurse practitioners, social workers, recovery coaches and nurses.

**Cumberland Heights Drug and Alcohol Treatment Center, Nashville, TN**

*Full-time Clinical Associate (adolescent - adult men's program), Jan. 2016 – Jan. 2018*

- Support clients in actively engaging in treatment protocol and behavioral modifications
- Collaboration on patient treatment planning and follow up to provide seamless, interdisciplinary care
- Maintain open communication between staff and departments regarding patient status and progress
- Lead peer, recreational, and educational groups
- Provide supportive communication with clients and families
- Daily shift charting with patient updates

**Integrative Life Center, Nashville, TN**

*Resident Assistant, Aug 2016 – May 2018*

- Foster and maintain supportive therapeutic environment for clients with substance use disorders, process/impulse disorders, and co-occurring mental health disorders
- Monitor and chart observed behaviors to track behavioral and pharmacotherapy adherence and progress
- Provide accountability to clients through verbal check-ins, random UA/breathalyzer

**Climb Nashville, Crossfit Barefoot, Private Consulting, Nashville, TN**

*Trainer, Aug 2014 – April 2018*

- Held Crossfit Level 1 Trainer (Expired) and Precision Nutrition certificates
- Led group and individual bodyweight and weight training sessions with emphasis on engaging exercise and nutrition counseling with a focus on optimal wellness
- Created custom, client centered training and nutrition plans and provided accountability utilizing elements of change psychology to inspire lasting change

**Clinical  
Preceptor**

**Vanderbilt University School of Nursing, Nashville, TN.**

*Jan. 2021 – Present (9+ students, 100+ hours)*

- On-site, direct and indirect supervision of PMHNP trainees
- Provide verbal and written feedback on psychiatric evaluation, diagnosis and treatment of substance use disorders + co-occurring psychiatric disorders
- Offer direct motivational interviewing supervision and feedback
- Provide verbal and written feedback on efficient and effective documentation

**Pre-APN  
Internships**

**Meharry MAT Clinic, Meharry Medical College, Nashville, TN**

*Intern, Oct. 2019 – Present*

- Perform psychiatric evaluation and assist in medication management in grant funded clinic
- Observe implementation of outpatient buprenorphine induction protocol
- Provide individual and group therapy
- Perform organizational needs assessment and proposed protocol implementation
- Design group therapy intervention targeting substance use disorders

**Sterling Primary Care – Psychiatric Service, Nashville, TN**

*Intern, Oct. 2019 – Mar. 2020*

- Assist and perform psychiatric evaluation, diagnosis, med management, and therapy referrals

**Vanderbilt Medical Center – Addiction C/L Service, Nashville, TN**

*Intern, Jan. 2020*

- Assist and perform consult psychiatric evaluations with focus on substance/opioid misuse and risk assessment
- Observe implementation of inpatient buprenorphine induction protocol
- Observe interdisciplinary collaboration to provide wrap around services for patients with substance use disorders
- Observe outpatient psychiatric evaluation and med management of patients with OUD and co-occurring disorders

**Vanderbilt Medical Center Inpatient Psych Geriatric Service**

*Intern, Feb. 2020*

- Assist in psychiatric evaluation. AIMS assessment for patients with neurocognitive decline, psychotic disorders, and mania
- Attend daily treatment team meeting to discuss and coordinate patient care
- Observe discharge planning

**Vanderbilt Medical Center Inpatient Psych Child/Adolescent Service, Nashville, TN**

*Intern, Mar. 2020*

- Observe psychiatric evaluation, medication management, discharge planning
- Attend daily treatment team meeting to discuss and coordinate patient care

**Sterling Primary Care, Nashville, TN**

*Intern, Mar. 2020*

- Perform advanced physical assessments, develop differential diagnoses, and assist in medication implementation/adjustment recommendations

**Dr. Susie Adams, PLLC, Nashville, TN**

*Intern, May. 2020 - Present*

- Assist and perform psychiatric evaluation, diagnosis, supportive counseling, and medication management

**Healing Arts Psychiatry, Nashville, TN**

*Intern, May. 2020*

- Assist in psychiatric evaluation and medication management
- Majority of caseload is patients with substance use disorders that have remitted

**Journey Pure – Psychiatric Service, Murfreesboro, TN**

*Intern, June 2020 – July 2020*

- Assist and perform psychiatric evaluation, diagnosis, med management for inpatient and PHP residents with co-occurring substance use and psychiatric disorders
- Assist with intake H&P and implementation of inpatient detox protocols for patients with opioid, sedative/hypnotic and alcohol dependence

**Pre-RN Internships**

**Vanderbilt Medical Center, Nashville, TN**

*Intern, medical-surgical, Oct. 2018 – Dec. 2018*

**Vanderbilt Medical Center – Children’s Hospital, Nashville, TN**

*Intern, pediatric medical-surgical, Jan. 2018 – Feb. 2018*

**Park Center West, Nashville, TN**

*Intern, psych-mental health, Feb. 2018 – Mar. 2018*  
**Vanderbilt Medical Center, Nashville, TN**  
*Intern, cardiac step-down, April 2018 – May 2018*  
**Vanderbilt Medical Center, Nashville, TN**  
*Intern, labor & delivery, May 2018 – June 2018*  
**Vanderbilt Medical Center, Nashville, TN**  
*Intern, medical-surgical, capstone, July 2018 – Aug. 2018*

## **Other Internships**

**Fall Hamilton Elementary School, Nashville, TN**

*MSN Intern, Aug. 2018 - May 2018*

- Twice weekly mindfulness intervention with Pre-K-3<sup>rd</sup> grade students following 8-week course format
- Gather data to inspect for changes pre-post intervention, present information to VUSN student/faculty body at conclusion
- Educating on other topics: asthma process and control, nutrition, dental care, hand washing and sleep hygiene

**Integrative Life Center, Nashville, TN**

*B.S. Intern. Aug. 2017 – Dec. 2017*

- Assist therapist in facilitating group and charting progress notes in EMR
- Assist with intake process & assessments
- Assist with insurance verification and appeal

## **Presentations/Lectures**

**Pharmacology Lecture series – “shifting perspectives: the role of ketamine and companions in psychiatry”**

*Vanderbilt University School of Nursing – March 2024*

- Pharmacology, indications, harm-reduction of ketamine, MDMA and psilocybin

**Pharmacology Lecture series – Pharmacology for Addictions**

*Vanderbilt University School of Nursing – March 2023*

*Co-led with Chance Allen, APRN*

- Overview of FDA approved and select evidence based off-label treatments for substance withdrawal, common substance use disorders and with special considerations for co-occurring psychiatric disorders

**Trauma NP Service Didactics – “medication for opioid use disorder (MOUD) basics (focus: trauma)”**

*Vanderbilt University Adult Hospital – August 2021*

- Educated Trauma service on basic pharmacology and general treatment recommendations for patients admitted with trauma who have opioid use disorder and/or are on medications for opioid use disorder, for CNE credit.

**Community Health – Fall Hamilton**

*Vanderbilt University School of Nursing – June 2019*

- Led a group prepared presentation on Fall Hamilton Mindfulness intervention and outcomes for VUSN students and faculty

**Proposed Quality Improvement Project – Poster Presentation**

*Vanderbilt University School of Nursing – April 2019*

- Proposed a simple mindfulness intervention to reduce stress reactions for patients requiring extended (>7 day) in-patient hospitalization stays

**Vanderbilt Recovery Support - Senior Drug Misuse Education Series**

*University School of Nashville – Fall 2018- Spring 2019*

- Co-led educational lecture on risks of substance misuse
- Lead discussion session with students of USN

**“The Craving Brain: Science, Spirituality and the Road to Recovery”**

*Belmont University, April 2017*

- Co-led with Dr. Anderson Spickard Jr., M.D.
  - Lectured on the prevalence, neuroscience, and recovery of addiction for students
- “Exercise and College Student’s Overall Health”**

*Belmont University, March 2017*

- Presented data supporting exercise as benefitting college students, including a concise presentation of the operational definitions of “exercise” used in various studies

## **Volunteer**

### **Davidson County Drug Court (“DC4”) Residential Program, Nashville, TN**

*Mindfulness meditation facilitator, Nov 2019 – Onset of COVID*

- Facilitate weekly mindfulness meditation meeting for inpatient men in adjudicated drug/alcohol treatment

### **Shade Tree Clinic – “Psych Night”, Nashville, TN**

*Pre-clinical and clinical volunteer, Jan 2020 - Present*

- Assist and perform focused psychiatric evaluations, propose treatment plan to attending physician
- Interdisciplinary team collaboration including the use of a translator to serve underserved patients from a variety of sociocultural backgrounds

### **American Assembly for Men in Nursing, Vanderbilt Chapter**

*Vice President, 2019 – 2020t*

- Mentor incoming male students, promote inclusion and advocacy for men in nursing
- Quarterly meeting to discuss and plan chapter functions/meetings
- Represent AAMN VUSN chapter at VUSN open house

### **Vanderbilt University School of Nursing, Nashville, TN**

*Student Mentor, Nov 2019 – Aug 2020*

- Mentor incoming student

### **Homeless Outreach, Nashville, TN**

*Outreach, Feb 2020*

- Took supplies to people experiencing homelessness, reviewed skills for interviewing persons experiencing homelessness with Meharry Salt Wagon students

### **Oasis Center – Build a Bike Workshop, Nashville, TN**

*Bike Workshop, 2017-Present*

- Assist teens in learning/practicing use of basic bicycle mechanics and building a bike

### **Youth for Overcoming Drug Abuse (Y.O.D.A), Nashville, TN**

*Group facilitator, April 2017- June 2018*

- Facilitate group for adolescents in group homes

### **International Conference of Young People in Alcoholics Anonymous, Nashville, TN**

*Elected Activities Committee Chair, August 2015 – September 2016*

- Organize and oversee daily entertainment activities at Opryland Hotel for international conference attendees (3500)

## **Research**

### **Undergraduate**

- (2018) Dudley, A. Peacock, A., Elliot, L., Kowderduck, M. To Know or Not to Know: An Insight into Expectancy Effects by Measuring Physiological Response of Startle
  - Faculty Advisor: Timothy Schoenfeld, PhD
- (2018) Priest, R., Dudley, A., Wingo, A., Lovell, A. Psychology in Writing. Poster accepted for presentation to Eastern Psychological Association, Spring 2018
  - Faculty Advisor: Patrick Morse PhD
- (2017) Dudley, A., Lebhar, B., Faulkner, A., Robinson, P, The Influence of Mindfulness on False-Memory Recall
  - Faculty Advisor: Lonnie Yandell PhD

- (2017) Dudley, A., Stewart, C., Gipson, F., Wen, P., Investigating the Role of Aerobic Fitness and Its Effect on Stress Management. Poster presented at Belmont Undergraduate Research Symposium, Spring 2017
  - Faculty Advisor: Linda Jones PhD
- (2016) Coleman, S.M., Faulkner, A., Dudley, A., Barnes, K., Emotional Response to Color Across Different Presentations. Poster presented at Science Undergraduate Research Symposium, Belmont University, Fall 2016
  - Faculty Advisor: Lonnie Yandell PhD

### **Certification/ Trainings**

- Beckley Foundation : Foundations of Psychedelic Assisted Psychotherapy
- Ketamine Academy
- Medication Assisted Treatment (MAT waiver) 8 & 16-hour trainings
- Trauma Informed CBT – (TF-CBT)
- Columbia Suicide Severity Rating Scale Training
- Introduction to Arise Intervention with Judith Landeau
- Handle With Care <sup>TM</sup> Physical/Verbal